



8D | 7N LHASA

Lhasa and Everest Base Camp in 8 days

From SGD 1,888 per person

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YOUR JOURNEY

Trip Overview

DURATION
8D | 7N

DESTINATION
Lhasa

STARTING FROM
SGD 1,888

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WHY YOU'LL LOVE IT

Trip Highlights



Yamzho Yumco, also known as Yamdrok Lake, is one of Tibet's three sacred lakes and a must-see on any Lhasa to Shigatse route. It has vivid turquoise waters and is set against snow-capped peaks,

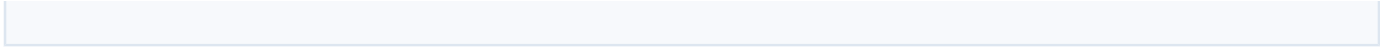


Rongbuk Monastery is the world's highest monastery and a top attraction near Everest Base Camp in Tibet. Surrounded by stunning Himalayan views, it offers a rare mix of spiritual calm and dramatic scenery.



Jokhang Temple is Tibet's most sacred site and a must-visit in Lhasa. Known for its rich Buddhist history, golden roof, and constant stream of devoted pilgrims, it offers a deep look into Tibetan spirituality and culture.

Highest Elevation: 5200m Difficulty: Moderate Tibet is less of a destination and more of a journey that unfolds with every mile. Starting in Lhasa, you'll explore ancient monasteries and walk the halls of the Potala Palace before heading west to the crystal-blue Yamdrok Lake and the stark, silent beauty of Everest Base Camp. In Shigatse, tradition meets everyday life with bustling markets and the revered Tashilhunpo Monastery. The route continues to Mount Kailash, a spiritual site where pilgrims trace its sacred path, and on to the remote, untouched landscapes of Ngari. It's a circular route across the roof of the world which is rich in culture, full of breathtaking views, and layered with moments that quietly stay with you.



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DAY BY DAY

Your Itinerary

Every day is thoughtfully planned — tap any link below to book or ask our team a question.

DAY 1

DAY 1 - Arrival

**MEALS: DINNER**

- We will arrive at Chengdu, from there we will take a domestic flight to Lhasa airport and transfer to the hotel. You can spend the rest of the day relaxing and getting acclimated to the local environment.

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DAY 2

DAY 2 - Lhasa Sightseeing

**MEALS: BREAKFAST, LUNCH, DINNER**

- Morning: Explore the iconic Potala Palace, marveling at its myriad chapels, audience halls, and burial chortens of past Dalai Lamas, adorned with Buddhist frescoes and thangkas.
- Afternoon: Visit the holiest temple in Tibet, Jokhang Temple, built in 647 A.D., and stroll along Barkor Kora to admire and purchase traditional Tibetan artifacts, religious implements, and clothing.

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DAY 3

DAY 3 - Lhasa Sightseeing:

**MEALS: BREAKFAST, LUNCH, DINNER**

- Today's itinerary includes visits to two important monasteries in Lhasa: Drepung and Sera. Drepung, founded in 1416, was once home to 10,000 monks and served as a government center. In the afternoon, explore Sera Monastery, established in 1419, known for its monks' debates held in the courtyard from 6-7:30 PM.

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DAY 4

DAY 4 - Lhasa- Shigatse Sight Seeing

**MEALS: BREAKFAST, LUNCH, DINNER**

- Today's journey takes us through the picturesque Nyangchu Valley and past the stunning Yamdro-tso Lake and Karo-la glacier at 4960m. Heading west, we reach Shigatse, spiritually hosted by the Panchen Lama. The highlights include the breathtaking Yamdro-tso Lake and the Kubum monastery in Gyantse, featuring a magnificent 35m-high chorten adorned with decorative stripes and a golden dome.

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DAY 5

DAY 5 - Shigatse to Tingri Sight Seeing

**MEALS: BREAKFAST, LUNCH, DINNER**

- Drive westwards along the Friendship Highway to Tingri, then navigate a rough 90km road under construction to Rongbuk. Pass through wild grasslands, cross rapids rivers, and traverse high mountains on the way to Everest Base Camp (E.B.C). If weather permits, catch glimpses of majestic peaks over 8000m, including Mt. Lhotse, Mt. Everest, Mt. Qowowuyag, and Mt. Mayalu. Overnight accommodation at Rongphu Monastery Tent or Guest House.

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DAY 6**DAY 6 - Rongphu Monastery to Everest Base Camp-
Trek/Drive****MEALS: BREAKFAST, LUNCH, DINNER**

- Early morning sunrise viewing at Rongphu to witness the spectacular Mt. Everest. Take a local bus or trek for 1.5-2 hours to Everest Base Camp to capture stunning photos. Return to Tingri via the Friendship Highway in the afternoon and continue to Shigatse for overnight accommodation.

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DAY 7

DAY 7 - Shigatse to Lhasa

**MEALS: BREAKFAST, LUNCH, DINNER**

- Today we will explore the Tashilunpo Monestary and then head back from Shigatse to Lhasa. Overnight stay will be at the Kyichu Hotel.

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DAY 8

DAY 8 - Lhasa to Chengdu

**MEALS: BREAKFAST**

- You will be dropped off at Lhasa airport, from where you will take a domestic flight back to Chengdu and then transit to home city,

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